

EXTREMITY ANGIOGRAM

Pre-op Instructions:

You are scheduled for your procedure _____.

Before the procedure:

- Hydrate well for 1-2 days prior to your procedure. If you have heart or kidney disease, check with your primary doctor first.
- If you develop an illness, infection, or fever within 7 days of your procedure, please call our office for instructions: 363-7554.
- Please notify us if you have ever had an allergic reaction to contrast (x-ray dye) or iodine.

Day of the procedure:

- Please present to the OP (CARA) department, fifth floor of the Heart and Vascular Institute at Sacred Heart Medical Center at _____.
- Please bring a current list of your home medications with you to the hospital.

It is common to receive sedation during your procedure:

- Do not eat or drink anything after midnight the night before your procedure. You may take your usual medications with a sip of water, except for Metformin or Glucophage. Please ask for specific instructions if you are on blood thinners like Warfarin, aspirin, or Plavix (Clopidogrel).
- Be aware; you will need a friend or family member to drive you home after your procedure.

Post- Op Instructions

These are recommended guidelines for after your upcoming procedure. You may receive additional instructions the day you leave the hospital.

Activity: Light activity only for 3 days following your procedure. No heavy lifting or straining. Return to normal activities slowly. You should not drive, operate machinery, or make important decisions for 24 hours after sedation. You may return to work when you can complete your job and meet the above requirements, unless otherwise instructed.

Diet and medications: Increase your fluid intake for 1-2 days following your procedure. You may resume your regular diet and medications unless instructed otherwise. If you are diabetic, please hold Metformin, or medications containing glucophage for two days following your procedure. If you are on blood thinning medications please ask for specific instructions on resuming.

Bathing: You may shower. No tub baths, hot tubs, or swimming for 3 days.

Dressings: Keep a clean dressing or bandage to the artery access site for 3 days. Change if it becomes wet or soiled.

Symptoms to report: Call the interventional radiology clinic: 363-7554 to report:

- Pain, bleeding, swelling, or drainage at your access site.
- New numbness, tingling or pain in the extremity distal to your access site.
- Temperature greater than 100 degrees F.
- Any concerning symptoms not experienced prior to your angiogram.

If any of these symptoms are severe, or you are unable to reach the interventional radiologist, please go to the nearest Emergency room. Take this form with you so the ER doctor knows about the treatment you received.

Follow –up: please call our clinic at 363-7554 for any questions or concerns.